

I Claim:

1. In a quick release safety attachment for a stirrup having spring-loaded rods and annular bushings for the rods in a sleeve, said safety attachment resting in a stirrup strap for releasably engaging the ends of a stirrup from the ends of the rods and a pair of lever arms extending radially outward from the sleeve having inner ends engaging the rods for controlling the disengagement of the rods from the ends of the stirrup, the improvement comprising:

an annular thin washer-like bearing within the sleeve adjacent each bushing, an end of each spring in the sleeve pressing up against its associated bearing.

2. The quick release safety attachment for a stirrup as described in claim 1 further including;

a) notches at the outer ends of said arms for engagement with one another for releasably securing said arms together;

b) a strap for releasably wrapping around said arms with the notches engaged;

c) said arms having a curvature adapted to generally conform to the curvature of the leg of the rider.